

Broughton Primary School



SRE Policy



Sex and Relationships Policy



Broughton Primary School

Introduction

In our school we have lots of opportunities to learn about growing up and change, our feelings, being safe, keeping clean, friendship qualities, healthy lifestyle, body image and relationships.

Our sex and relationships policy explains how we teach about growing up, keeping safe and how we help everyone develop good relationships in our school community.

Broughton Primary has adopted an age appropriate programme for the delivery of Sex and Relationships Education based on local and national guidance. The Sex and Relationships Policy and Child Protection/Safeguarding Policy ensure effective arrangements are in place to safeguard and promote the welfare of all pupils.

Education about relationships for pupils in Years 2, 3 and 4 will focus on the building of self-esteem by encouraging pupils to:

- Value themselves
- Recognise and communicate their feelings
- Form friendships and relationships.

Pupils in Years 2, 3 and 4 will also learn to:

- Differentiate between appropriate and inappropriate touching
- Use the correct words to name parts of the body in order to differentiate between male and female. The scientific terms will be used for this activity, which include: penis and testicles for males and breasts and vagina for females.

Pupils in Years 5 and 6 will learn:

- The reasons for the physical and emotional changes that take place at puberty, including conception, pregnancy and birth
- The range of their own and others' feelings and emotions
- The importance of personal safety and what to do or to whom to go when feeling unsafe.

Parents are informed of the sessions delivered in Years 5 and 6 and invited to view the teaching resources in advance. Please refer to the schools Sex and Relationships Policy for further information.

We promise to:

- Respect other children's comments and questions
- Not make personal comments
- Not force people to answer personal questions
- Be confidential and not name any of our friends and other people
- Use the agreed terms to name the parts of our body
- Not discuss our lessons with younger children
- Give everyone the opportunity

- Not make fun of our friends
- Talk to parents, staff and pupils, to make sure everyone is happy with the way we learn about growing up and keeping safe.
- Encourage everyone in our school to keep healthy and safe
- Help everyone in our school to feel good about themselves
- Adhere to our class agreement

Our pupils will have the chance to learn:

Early Years (Nursery/Reception):

- About body awareness, feelings, friends and Families
- How to keep safe and be aware of strangers
- How to keep clean and healthy

Year 1

- About how we grow and change
- About keeping Clean and healthy
- To love, care and feel special within our families

Year 2

- About the differences between boys and girls
- The names for different body parts of our bodies
- About what is appropriate and inappropriate touching
- To keep safe and clean

Year 3

- How to be a good friend
- What is bullying?
- The names for different body parts of our bodies
- To look after myself and stay clean

Year 4

- Good friendship qualities
- About my Family roles and stereotypes
- What is Love?
- What to do and where to go when feeling unsafe

Year 5

- About the changes that occur during puberty
- To resist unwanted peer pressure and behaviour
- How to keep safe when using computers, tablets and mobile phones

Year 6

- To feel positive about self and feelings of others
- About different types of relationships
- To keep our mind and body safe and healthy
- How babies are conceived, grow and how they are born
- The importance of personal hygiene during puberty

Everyone will know we are a caring school because:

- We work with our pupils to tackle bullying and make sure everyone feels safe in school
We encourage children to tell us if they are unhappy and try and sort out the problem or get help for them

We share our ideas with our families and friends and encourage parents to talk to their children about growing up and keeping safe. We invite parents to see how we learn about growing up and keeping safe. We also work with our school nurse, PC Ashton and other people who can help us to look after ourselves and keep ourselves safe.



Sex and Relationships Policy

The Sex and Relationship policy and procedure was passed for use in Broughton Primary School.

On:.....

By:.....Headteacher

By:.....Chair of Governors

Date of planned review:.....